

Nibbles

Why not share some nibbles or light bites with friends while you enjoy our impressive selection of beverages?

BOWL OF OLIVES (V)	£2.95
CIABATTA BREAD WITH EXTRA VIRGIN OLIVE OIL & BALSAMIC VIN (V)	£2.50
BOWL OF MIXED NUTS (V)	£1.50
BOWL OF BOMBAY MIX (V)	£1.50

Light Bites

* Available on our two meals for £9.00 deal OR add a drink for £1.00 (selected bottled beers and draft)

SOUP OF THE DAY	£3.75
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All our soups are homemade and come with a fresh baguette. Ask our friendly bar staff for details.

JACKET POTATO	£4.95*
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Perfect for a lunch time snack! A hearty oven baked jacket with a choice of one of the following fillings.

Fillings: Cheese & Baked Beans, Chicken & Bacon Mayo, Tuna Mayo, Chicken Curry, Chilli

OMELETTE	£5.95*
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Our traditional fluffy omelette made with free range eggs. Includes **two fillings** a choice of the following; cheese, bacon, chicken, ham, mushroom, onion, peppers, spinach, tomato. Served with chunky chips and a side of salad.

Add extra fillings for 50p each

Sandwiches/Paninis & Wraps

BBQ PULLED PORK BAGUETTE	£6.25*
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Home prepared succulent BBQ pulled pork in a toasted fresh baguette served with potato wedges, a side of salad and BBQ dip.

LIVE LOUNGE CLUB SANDWICH	£5.95*
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Served on a layered toasted bloomer with grilled chicken breast, back bacon, tomato and lettuce. Served with chunky chips and a side of salad.

LIVE LOUNGE SPECIAL SANDWICH	£7.50
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It's special!! A perfect combination of rump steak, thick slice of ham, cheese, free range fried egg, tomato and lettuce in a toasted stone baked bread, served with potato wedges and a side of BBQ dip.

TUNA MELT	£4.95*
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A generous helping of tuna mayo and cheese in a toasted panini. Served with chunky chips and a side of salad.

BLT	£4.95*
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Traditional sandwich served in bloomer bread with back bacon, lettuce and tomato, Served with chunky chips and a side salad.

GRILLED VEG SANDWICH (V)	£5.50*
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A taste of the Mediterranean! Grilled peppers, aubergine and courgettes marinated in extra virgin olive oil and balsamic vinegar with cheese in a toasted bloomer. Served with chunky chips and a side salad.

CHICKEN FAJITA WRAP	£5.75*
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Succulent chicken breast, mixed salad leaves, peppers, salsa and mayo in a tortilla wrap. Served with chunky chips.

MOZZARELLA, TOMATO AND RED ONION PANINI (V)	£5.25*
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Melted mozzarella cheese with fresh tomato and red onion in a toasted panini. Served with chunky chips.

CHICKEN AND BACON PANINI	£5.95*
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Succulent chargrilled chicken breast, back bacon, cheese and fresh tomato in a toasted panini. Served with chunky chips.



All our beef, steak, lamb, minced beef/lamb products are locally sourced from Celtic Pride and prepared on site.

Salads

* Available on our two meals for £9.00 deal OR add a drink for £1.00 (selected bottled beers and draft)

SAUTÉED RUMP STEAK & ROASTED VEGETABLES	£7.95
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Sautéed prime Welsh rump steak on a bed of mixed salad, tomato, cucumber and onions with a ceasar dressing.

CLASSIC CHICKEN CAESAR SALAD	£6.95
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Chargrilled chicken breast served on a bed of mixed salad leaves with ceasar dressing, croutons and parmesan cheese.

CHICKEN & BACON SALAD	£7.50
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Chargrilled chicken breast, grilled back bacon, served with mixed salad leaves, tomato, cucumber, onions and ceasar dressing.

GREEK SALAD (V)	£6.25*
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Traditional Greek Salad with Feta Cheese, tomato, cucumber, marinated olives on a bed of mixed salad leaves topped with extra virgin olive oil and lemon dressing.

MEDITERRANEAN GRILLED VEGETABLE SALAD (V)	£5.95*
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Grilled peppers, aubergine, courgettes, mushrooms and sundried tomatoes on a bed of mixed salad leaves served with an olive oil and balsamic vinegar dressing and sprinkle of parmesan cheese.

Live Lounge Pasta Selection

STEAK PENNE PASTA	£7.95
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Celtic Pride Welsh rump steak cooked in a tomato herb sauce topped with grated parmesan cheese and a side of homemade toasted garlic bread.

MUSHROOM & SPINACH PENNE PASTA (V)	£6.25
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(add chargrilled chicken breast for £1.50)
Sautéed spinach and mushrooms cooked in a creamy white wine source topped with grated parmesan cheese and a side of homemade garlic bread.

LASAGNE	£6.95*
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Traditional homemade lasagne made with locally sourced prime Welsh steak mince served with a side of homemade toasted garlic bread and mixed salad.

SPAGHETTI BOLOGNAISE	£6.95*
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Homemade bolognese made with prime Welsh steak mince to our special recipe, topped with grated parmesan cheese and a side of toasted garlic bread.

Burgers

All our burgers are homemade using locally sourced prime Celtic Pride Welsh steak mince and prepared on site using our special recipe! All served with chunky chips.

Why not try sweet potato fries for an extra £1.

LIVE LOUNGE SPECIAL BURGER	£9.95
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It's BIG! Can you handle it?? Two 8oz beef burgers with back bacon, double cheese and onion rings served in a toasted bap.

CLASSIC BURGER	£5.95*
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8oz beef burger served with tomato and salad in a toasted bap.

BACON & CHEESE BURGER	£6.95
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8oz beef burger with cheese, back bacon, tomato and salad in a toasted bap.

MEXICAN BURGER	£7.25
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8oz beef burger served with homemade beef chili, cheese, sour cream, tomato and salad in a toasted bap.

CHICKEN BURGER	£6.95
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Succulent chargrilled chicken breast prepared in a Cajun marinade and seasoned to perfection served with tomato, salad, onion and mayonnaise.

VEGGIE BURGER (V)	£5.95*
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A tasty falafel burger served with tomato, onion and salad in a toasted bap.

MINTED LAMB BURGER	£6.95
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8oz lamb burger made with prime lamb mince to the chef's recipe and served with mixed leaves, tomato, red onion in a toasted bap, and served with chunky chips.

EXTRA TOPPINGS

Back Bacon, Cheese, Onion Rings for 50p each

From the Grill

8oz SIRLOIN STEAK	£11.95
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Celtic Pride Welsh sirloin cooked the way you like it served with a flat mushroom, onion rings, grilled tomato, garden peas and chunky chips.

10oz RUMP	£9.95
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Celtic Pride Welsh rump cooked the way you like it served with a flat mushroom, onion rings, grilled tomato, garden peas and chunky chips.

LIVE LOUNGE 18oz MIXED GRILL	£12.95
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It's got the works!! Celtic Pride 5oz prime rump steak, lamb chop, pork chop, pork sausage, 5oz gammon steak, fried free range egg, flat mushroom, onion rings, grilled tomato, garden peas and chunky chips.

FULL RACK OF LIVE LOUNGE SMOKY BBQ RIBS	£10.25
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Succulent full rack of Welsh pork ribs marinated in our special smoky BBQ sauce served with homemade deli coleslaw and chunky chips.

CHARGRILLED CHICKEN BREAST	£7.25
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Succulent chargrilled cajun marinated chicken breast served with homemade deli coleslaw, a side of salad and sweet potato fries.

Live Lounge Traditional Mains

LIVE LOUNGE ALL DAY BREAKFAST	£6.25*
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Two sausages, two back bacon, two fried free range eggs, two hash browns, grilled tomato, baked beans, and two rounds of toast.

SAUSAGE & MASH	£6.95
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Locally sourced prime Welsh sausages served with fluffy mashed potato peas and homemade infused gravy.

CHICKEN MADRAS (HOT)	£6.95*
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It's a bit spicy! Our chef's homemade chicken Madras served with basmati rice and chunky chips.

HOMEMADE CHILI CON CARNE (HOT)	£6.95*
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This one has a bit of a kick to it! Homemade beef chili using locally sourced Welsh steak mince made using our own special recipe served with basmati rice, nachos and sour cream dip.

BEER BATTERED FISH & CHIPS	£7.25
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Locally sourced from E. Ashton Fishmongers, Cardiff, cod fillet coated in our homemade beer batter served with garden peas, chunky chips and a side of tartar sauce.

BREADED SCAMPI	£6.95
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Atlantic whole tails of scampi coated in crispy breadcrumbs and served with garden peas, chunky chips and a side of tartar sauce.

CHICKEN NEW YORKER	£6.95
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A Live Lounge favourite!! Succulent free range chicken breast wrapped in back bacon, coated in melted cheese and smoky BBQ sauce served with mixed salad and chunk chips.

THICK CUT HAM EGG & CHIPS

A generous portion of thick cut sliced ham served with two fried free range eggs, garden peas and chunky chips.

£6.25*

CHILI BEEF NACHOS

Have as a main or to share! Tortilla chips served with homemade chilli beef with salsa, sour cream, guacamole and mozzarella cheese.

£6.25*

CAJUN CHICKEN NACHOS

Have as a main or to share! Tortilla chips served with strips of Cajun chicken with salsa, sour cream, guacamole and mozzarella cheese.

£5.95*

CATCH OF THE DAY – (see specials)

Our chefs source the best fresh fish from E. Ashton's Fishmongers, Cardiff to prepare daily seafood specials. We recommend you give it a try! Ask our friendly staff for details.

DAILY SPECIALS – (see specials)

Our Chefs love to be inspired! They aim to provide different daily specials inspired by cuisine from all over world so why not try something different? Our staff are happy to provide more information – just ask.

Platters To Share

MEXICAN PLATTER

Succulent baby back ribs, chicken wings, bowl of chilli con carne, served with nachos, sour cream and salsa.

£12.95

TEMPURA PRAWN AND RIBS

Succulent selection of baby back ribs, large tempura prawns, served with potato wedges, salad garnish and sweet chilli and hoisin sauce.

£12.95

Kids Menu

SAUSAGE, HEINZ BEANS AND CHIPS
FISH FINGERS, HEINZ BEANS AND CHIPS
CHICKEN NUGGETS HEINZ BEANS AND CHIPS

all £4.95*

Sides

CHUNKY CHIPS £2.00
ONION RINGS £2.00
GARLIC BREAD £2.50
add cheese for an extra £0.50
MIXED SALAD £2.50
POTATO WEDGES £2.50
BBQ CHICKEN WINGS £3.95
SWEET POTATO FRIES £3.50
CREAMY PEPPER SAUCE £2.00

Desserts

CHOCOLATE TORTE & RASPBERRY COULIS £3.00
STICKY TOFFEE PUDDING £3.00
STRAWBERRY CHEESECAKE £3.00
ICE CREAM £2.50

All dishes marked (V) are suitable for vegetarians.
For allergy information please ask a member of our staff who will be happy to assist.

Pizza Live Lounge Homemade Stone Baked 12"

THE MAGGIE MAY

Traditional margarita pizza with our special tomato sauce and mozzarella cheese.

£6.95

LIVE LOUNGE SPECIAL PIZZA

Something a bit special with smoked salmon and rocket leaves.

£9.95

PEPPERONI LOVER

Double Pepperoni with extra mozzarella cheese.

£8.95

THE ROCK STAR

AKA "meat feast" with ham, pepperoni, spicy beef, chicken, bacon and chorizo.

£9.95

BORN IN THE U.S.A.

Pepperoni, spicy beef, mushrooms and jalapeno.

£8.95

THE RED HOT CHILLI PEPPER

Spicy sauce, Cajun chicken, spicy beef, jalapenos, red onions.

£8.95

HAWAII FIVE-O

Ham and pineapple.

£7.95

BBQ SPECIAL

BBQ Sauce, chicken, ham, mushroom, red onion and peppers.

£8.95

SEA FOOD SPECIAL

Tuna, anchovies, black olives and red onions.

£8.45

THE VEGGIE SPECIAL

Spinach, red onion, mushrooms and peppers.

£8.95

BUILD YOUR OWN

A traditional margarita pizza with your choice of topping (50p per topping).

£6.95

Choose from:

Pepperoni	Salami	Chicken
Cajun Chicken	Spicy Beef	Chorizo
Bacon	Ham	Red Onion
Mushrooms	Pineapple	Spinach
Fresh Tomatoes	Jalapeños	Black Olives
BBQ Base	Spicy Base	

For a gluten free base add £1.50 to the standard prices.

The *LIVE lounge*

